

# TABLE OF CONTENT

**04**

**India Under Heat Stress: The Growing Reality of a Warming Nation (Pulkit Goel)**

**06**

**Extreme Weather as the Greatest Long Term Global Threat (Ankur Goel)**

**08**

**Projected Return of El Niño in 2026 and Its Implications for Global Climate Extremes (Prof. S K Dhaka)**

**10**

**Choked by Convenience, Plastic in Our Blood (Nikita)**

**12**

**Movie recommendation**