

HOW TO PREVENT PLASTIC POLLUTION

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Plastic pollution is described as the cumulation of plastic objects and particles in the environment. Plastic has become a constant substituent of daily life. 'Be it the toothbrush used in the starting of the day, the mobile phone kept along the whole day or the lights used in the night for the light!' all is made up of plastic nowadays. So, for a quick conclusion one can make is that Planet Earth itself is now 'Plastic Positive'.

Since it is plastic so one major point anyone can think of, is its recyclability. Plastic products take hundreds of years to biodegrade. Although many initiatives are being taken to recycle, reduce and reuse plastic but still it is beyond the actual goal. It's not possible to completely vanish plastic from human lives but how to live with it without disturbing the environment is the actual practice meant to learn.



SOURCE- freepik.com

HOW CAN WE PREVENT IT?

The simplest answer to this question is that we need to find another better alternative to plastic on a day-to-day basis. The basic principle of the 3Rs is meant to be followed as much as possible.



SOURCE- istockphoto.com

1.Reduce - Try not to use single usage plastic products like plastic straws, cups or plates or those packed food containers coming with online food ordering for daily basis. Use cloth bags for carrying groceries. Avoid buying plastic utensils instead opt for other alternatives as much as possible.

2. Reuse - Plastic products can be used in such a way that one does not end up buying another plastic. Plastic bottles as flower pots, and containers for storing items such as jewelry. Lots of DIYs are also available over the internet for creatively reusing plastic.

3. Recycle - One cannot recycle plastic fully at home but at least plastic products which cannot be reused can be put in the right recycling container.

"It's in our hands whether to take earth out of plastic or plastic out of earth"

